



DANCE TEAM UNION



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CENTRAL IOWA REGIONAL PAST CHAMPIONS

VARSITY JAZZ						
Year		Champion		2nd		3rd
2022 LARGE		Linn Mar		Waukee Northwest		Liberty
2022 SMALL		Iowa City West		Roosevelt		Johnston
2021 LARGE		Linn Mar		Johnston		Prairie
2021 SMALL		Waukee		North Scott		Urbandale
2020		Linn Mar		Johnston		Ankeny
2019		Linn Mar		Johnston		North Scott
2018		North Scott		Davenport Central		Davenport North
2017		Prairie		Davenport Central	----	
2016		Newton		Prairie		Xavier

















VARSITY POM						
Year		Champion		2nd		3rd
2022 LARGE		Linn Mar		Waukee Northwest		Liberty
2022 SMALL		Johnston		Waukee		Xavier
2021 LARGE		Linn Mar		Johnston		WDM Valley

NUMBER OF CHAMPIONSHIPS	
VARSITY	
Davenport Central	7
Linn Mar	7
Prairie	4
North Scott	3
Iowa Falls-Alden	2
Johnston	2
Knoxville	2
Norwalk	2
Xavier	2
Iowa City West	1
Newton	1
Urbandale	1
Waterloo West	1
Waukee	1
JUNIOR VARSITY	

2021 SMALL		Prairie		Xavier		Waukee
2020		Linn Mar		Johnston		Ankeny
2019		Johnston		Linn Mar		North Scott
2018		Iowa Falls-Alden		North Scott		Cascade
2017		Prairie		Davenport Central	----	----
2016		Prairie		Xavier		Newton

Linn Mar JV	5
Waukee JV	5
Johnston JV	3
Davenport Central JV	2
Iowa Falls-Alden JV	1
Knoxville JV	1
Liberty JV	1
Lincoln JV	1
Prairie JV	1

VARSITY HIP-HOP

Year		Champion		2nd		3rd
2022 LARGE		Davenport Central		Ankeny		Des Moines Lincoln
2022 SMALL		Xavier		Burke Westview		Johnston
2021		Xavier		Johnston		Waukee
2020		Norwalk	----	----	----	----
2019		Waterloo West		West Des Moines Valley		Des Moines Roosevelt
2018		Iowa Falls-Alden		West Des Moines Valley JV	----	----
2016		Knoxville	----	----	----	----

MIDDLE SCHOOL

Opera House Dance MS	2
North Scott MS	1
Davenport Central MS	1



ELEMENTARY

Opera House Dance	2
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COLLEGE

Kirkwood CC	7
Graceland	2
Southwestern CC	2
Calumet College (IN)	1
Illinois	1

VARSITY KICK

Year		Champion		2nd		3rd
2022		Davenport Central		Ankeny Centennial		Muscatine
2021		Davenport Central	----	----	----	----
2020		Davenport Central	----	----	----	----

ALL STAR

2019		Davenport Central		----		----
2016		Urbandale		South Hamilton		Newton

Iowa Elite 7

Hawk All Stars 6

Nebraska Dance Squad Red 6

Dance Works 5

Iowa CATS All Stars 5

No Limits All Stars White 5

Fusion Dance 4

Cedar Rapids Elite 3

Momentum Dance Force 3

No Limits Dance 2

Carlisle Open All Stars 1

Johnston 1

Roosevelt 1


Starstruck Cheer/Dance 1

Twin Cedars 1




VARSITY LYRICAL

Year	Champion	2nd	3rd
2019	 North Scott	 Johnston	 Des Moines Roosevelt
2018	 North Scott	 Davenport North	----

VARSITY OPEN STYLE

Year	Champion	2nd	3rd
2022	 Norwalk	----	----

VARSITY PROP

Year	Champion	2nd	3rd
2022	 Knoxville	 Muscatine	----
2018	 Davenport Central	----	----
2017	 Davenport Central	----	----

SOLOS, DUOS, TRIOS

Dance Inc 7

Iowa Elite 6





Prestige Dance Studio 5

Dance Works 3

North Scott 3

Hawk All Stars 2






















JUNIOR VARSITY JAZZ

Year	Champion	2nd	3rd
2022	 Linn Mar JV	 WDM Valley JV	 Johnston JV
2021	 Linn Mar JV	 Johnston JV	 Waukee JV

2020		Wauke JV		----		----
		Johnston JV		----		----
2019		Linn Mar JV		Wauke JV		Johnston JV
2017		Prairie JV		Wauke JV		----
2016		Lincoln JV		----		----

Knoxville	2
Luminous Dance Force	2
WDM Valley Dance Team	2
Davenport Central	1
Davenport North	1
Johnston	1
PCM	1
Prairie	1
Roosevelt	1
Steppin' Out Studio	1

JUNIOR VARSITY POM

Year	Champion	2nd	3rd
2022			
2021			
2020			
2019			
2018			
2017			
2016			

Studio 360	1
Sydnie (Independent)	1
Wauke Northwest	1
Xavier	1

GRAND CHAMPION

Linn Mar	4
Prairie	2
North Scott	1

JUNIOR VARSITY HIP-HOP

Year	Champion	2nd	3rd
2022			
2021			
2020		----	----
2019			----

CURRENT WINNING STREAK

TEAM

Davenport Central Varsity Kick	4 years
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2016		Knoxville JV		----		----
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Linn Mar Large Varsity Jazz	4 Years
Linn Mar Large Varsity Pom	3 Years
Xavier Small Varsity Hip Hop	2 Years
North Scott Varsity Lyrical	2 years
Linn Mar JV Jazz	2 years


JUNIOR VARSITY OPEN

Year	Champion	2nd	3rd
2019	 Iowa Falls-Alden JV	----	----

SOLOS, DUOS, TRIOS

Iowa Elite Youth Solo	2 years
Prestige Mini Solo	2 years




MIDDLE SCHOOL POM

Year	Champion	2nd	3rd
2022	 Davenport Central MS	----	----


MIDDLE SCHOOL HIP-HOP

Year	Champion	2nd	3rd
2019	 Opera House Dance MS	----	----


MIDDLE SCHOOL LYRICAL

Year	Champion	2nd	3rd
2019	 Opera House Dance MS	----	----
2018	 North Scott MS	 Davenport North MS	----










ELEMENTARY JAZZ

Year	Champion	2nd	3rd
2019	 Opera House Dance	----	----

ELEMENTARY LYRICAL

Year	Champion	2nd	3rd
2019	 Opera House Dance	----	----




COLLEGE JAZZ










Year	Champion	2nd	3rd
2022	 Illinois	 Kirkwood CC	 Calumet
2021	 Kirkwood CC	 Southwestern CC	----
2019	 Southwestern CC	 Hawkeye CC	----
2017	 Kirkwood CC	 Southwestern CC	----

COLLEGE POM


Year	Champion	2nd	3rd
2022	 Graceland	 Kirkwood CC	 Southwestern CC
2021	 Kirkwood CC	 Southwestern CC	----
2019	 Kirkwood CC	 Hawkeye CC	 Southwestern CC
2017	 Kirkwood CC	 Southwestern CC	----

COLLEGE HIP-HOP



Year	Champion	2nd	3rd
2022	 Graceland	 Kirkwood CC	 Illinois College

2021		Calumet College (IN)		Kirkwood CC		Southwestern CC
2019		Kirkwood CC		Southwestern CC		Hawkeye CC
2018		Kirkwood CC		----		----
2017		Southwestern CC		Kirkwood CC		----





OPEN ALL STAR LYRICAL

Year		Champion	2nd	3rd
2020		Carlisle Open All Stars	----	----

SENIOR ALL STAR JAZZ





Year		Champion	2nd	3rd
2022		Dance Works	----	----
2019		Iowa CATS All Stars	----	----

SENIOR ALL STAR POM


Year		Champion	2nd	3rd
2022		No Limits Dance	 Iowa Elite	----
2021		Iowa Elite	----	----
2020		Iowa Elite	----	----

SENIOR ALL STAR HIP-HOP









Year		Champion	2nd	3rd
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2022		No Limits Dance		Iowa Elite	----	----
2021		Iowa Elite		----	----	----
2017		Twin Cedars		----	----	----


SENIOR ALL STAR KICK

Year		Champion	2nd	3rd
2017		Starstruck Cheer/Dance	----	----


SENIOR ALL STAR LYRICAL

Year		Champion	2nd	3rd
2022		Roosevelt	 No Limits Dance	 Dance Works
2021		Iowa Elite	 Abraham Lincoln	----
2020		Johnston	 Davenport North	 Iowa Elite





SENIOR ALL STAR CONTEMPORARY

Year		Champion	2nd	3rd
2019		Iowa CATS All Stars	----	----

SENIOR ALL STAR TEAM PERFORMANCE

Year		Champion	2nd	3rd
2022		Dance Works	----	----

JUNIOR ALL STAR JAZZ

Year	Champion	2nd	3rd
2022	 Dance Works	----	----
2021	 Fusion Dance	----	----
2019	 Iowa Cats All Stars	----	----
2018	 Momentum Dance Force	----	----





JUNIOR ALL STAR POM

Year	Champion	2nd	3rd
2022	 Nebraska Dance Squad - Red	 Fusion Dance Black Team	 Cedar Rapids Elite
2021	 Iowa Elite	 Fusion Dance	 Cedar Rapids Elite
2020	 Cedar Rapids Elite	 Iowa Elite	----
2019	 Iowa CATS All Stars	----	----
2018	 Momentum Dance Force	----	----
2017	 Hawk All Stars	----	----
2016	 Hawk All Stars	----	----




JUNIOR ALL STAR HIP-HOP

Year	Champion	2nd	3rd
2022	 Nebraska Dance Squad	 Cedar Rapids Elite	----
2021	 Cedar Rapids Elite	 Iowa Elite	----
2020	 Cedar Rapids Elite	 Opera Dance	----












JUNIOR ALL STAR LYRICAL

Year	Champion	2nd	3rd
2022	 Fusion Dance Black Team	 Dance Works	----
2020	 Iowa Elite	 Opera House Dance	----

YOUTH ALL STAR JAZZ





Year	Champion	2nd	3rd
2021	 Fusion Dance	----	----
2019	 No Limits All Stars White	 No Limits All Stars Black	----

YOUTH ALL STAR POM

Year	Champion	2nd	3rd
2022	 Nebraska Dance Squad - Red	 Fusion Dance	 Iowa Elite
2021	 Fusion Dance	----	----
2019	 No Limits All Stars Black	 No Limits All Stars White	 Studio 360
2018	 Dance Works	 Momentum Dance Force	----
2017	 Hawk All Stars	----	----
2016	 Hawk All Stars	----	----

YOUTH ALL STAR HIP-HOP


Year	Champion	2nd	3rd
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2022		Nebraska Dance Squad		Iowa Elite		----
2019		No Limits All Stars		----		----
2018		Momentum Dance Force		----		----


YOUTH ALL STAR LYRICAL

Year		Champion		2nd		3rd
2022		Iowa Elite		Fusion Dance Red Team		----
2019		Iowa CATS All Stars		----		----

YOUTH ALL STAR TEAM PERFORMANCE

Year		Champion		2nd		3rd
2018		Dance Works		----		----

MINI ALL STAR JAZZ


Year		Champion		2nd		3rd
2019		No Limits All Stars		----		----

MINI ALL STAR POM








Year		Champion		2nd		3rd
2022		Nebraska Dance Squad Red		Nebraska Dance Squad White		Iowa Elite
2019		No Limits All Stars		Studio 360		----
2018		Hawk All Stars		----		----

2017		Hawk All Stars		----		----
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MINI ALL STAR HIP HOP




Year	Champion	2nd	3rd
2022	 Nebraska Dance Squad		

SENIOR SOLOS








Year	Champion
2022	 WDM Valley Dance Team.- Kennedy
2021	 Sydnie (Independent)
2020	 Xavier - Sara
2019	 Davenport Central - Madeline S.
2018	 Davenport North - Mallory
2017	 Prairie - Heavenlei
2016	 Knoxville - Jaden

JUNIOR SOLOS





Year	Champion
2022	 Waukee Northwest - Addisyn
2021	 WDM Valley - Kennedy
2020	 North Scott - Annika
2019	 North Scott - Hannah B.

2018		North Scott - Abby
2017		PCM - Katie
2016		Knoxville - Lane



YOUTH SOLOS

Year	Champion	
2022		Iowa Elite - Carsyn (Creep)
2021		Iowa Elite - Carsyn
2020		Johnston - Clara
2019		Luminous - Paityn L.
2018		Dance Works - Laila
2017		Steppin' Out Studio - Melayna
2016		Hawk All Stars - Footprints




MINI SOLOS

Year	Champion	
2022		Prestige - Reagyn
2021 MINI		Iowa Elite - Ambrielle
2020 MINI		Iowa Elite - Eva (Hot Like Wow)
2019 MINI		Dance Inc. - Annelise
2018 MINI		Dance Inc. - Annelise

TINYSOLOS


Year	Champion	
2022		Prestige - Rogue
2020 TINY		Iowa Elite - Zoe

SENIOR DUOS / TRIOS



Year	Champion	
2022		Dance Works - Kyra & Paige
2021 SENIOR		Iowa Elite - Aubrey & Maggie
2018 SENIOR		Dance Inc. - Kaeden and Mekayla





JUNIOR DUOS / TRIOS




Year	Champion	
2022		Roosevelt - Addison, Avery & Hadley
2020 JUNIOR		Dance Inc - Annelise & Caleb
2019 JUNIOR		Studio 360 - Carlie & Miya
2016 JUNIOR		Hawk All Star - Carolina R & Sydeny D

YOUTH DUOS / TRIOS

Year	Champion	
2022		Dance Works - Makynli & Kylee
2019 YOUTH		Luminous Dance Force -Janelle & Paityn

2018 YOUTH DUO		Dance Inc. - Charli & Holland
2018 YOUTH TRIO		Dance Inc. - Annelise, Bradlie & Eve








MINI DUOS / TRIOS

Year	Champion	
2022		Prestige – London & Porter
2020 MINI		Prestige Dance Studio – Porter & Cadance
2019 MINI		Dance Inc. - Annelise & Eve

TINY DUOS / TRIOS

Year	Champion	
2020 TINY		Prestige Dance Studio – Addison, Emerson & Sophia

GRAND CHAMPION

Year	Champion	
2022		Linn Mar - Large Varsity Pom
2021		Linn Mar -Varsity Pom
2020		Linn Mar - Varsity Pom
2019		Linn Mar - Varsity Jazz
2018		North Scott - Varsity Lyrical
2017		Prairie - Varsity Pom
2016		Prairie - Varsity Pom

