



# DANCE TEAM UNION

[BACK TO MENU](#)













## DENVER REGIONAL PAST CHAMPIONS



















VARSITY JAZZ					
Year	Champion		2nd		3rd
2023		Ponderosa		Castle View	 Heritage
2022 NOVEMBER		Mountain Vista		Ponderosa	 Ralston Valley
2022 JANUARY		Ponderosa		Grandview	 Riverdale Ridge
2021		Mountain Vista		Cherokee Trail	 Rock Canyon
2020		Grandview		Douglas County	 Standley Lake
2019		Chaparral		Ponderosa	 ThunderRidge
2018		Ponderosa		Rock Canyon	 Grandview
2017		Rock Canyon		Ponderosa	 Valor Christian

### NUMBER OF CHAMPIONSHIPS

**VARSITY**

Ponderosa	7
Broomfield	5
ThunderRidge	4
Grandview	3
Mountain Vista	3
Ralston Valley	2
St. Michael's HS	2
Castle View	1
Chaparral	1
Cherokee Trail	1
Cherry Creek	1
Columbine	1
Eaglecrest	1
Fossil Ridge	1
Holy Family	1

VARSITY POM					
Year	Champion		2nd		3rd
2023		Castle View		Holy Family	 Ponderosa
2022 NOVEMBER		Mountain Vista		Castle View	 Ralston Valley
2022 JANUARY		Ponderosa		Broomfield	 Rocky Mountain
2021 LARGE		Cherry Creek		Rock Canyon	 Douglas County

2021 SMALL		Ponderosa		Thunder Ridge		Regis Jesuit
2020		Standley Lake		Grandview		Ponderosa
2019		ThunderRidge		Grandview		Ponderosa
2018 LARGE		Grandview		ThunderRidge		Rock Canyon
2018 SMALL		Ponderosa		Broomfield		Ralston Valley
2017		ThunderRidge		Ponderosa		Rock Canyon

Rock Canyon 1

Skyview Academy 1

Standley Lake 1

**JUNIOR VARSITY**

Chaparral JV 3

Rock Canyon JV 3

Cherry Creek JV 2

Mountain Vista JV 2

Rocky Mountain JV 2

ThunderRidge JV 2

Eaglecrest JV 1

Holy Family JV 1

Monarch JV 1

Ponderosa JV 1

**MIDDLE SCHOOL**

Spark Junior Raptors MS 4

Spark Junior Fillies MS 3

Spark Junior Wolves MS 3




















Junior Cougars Navy MS 2

Spark Training Program MS 1

Vineland MS 1

**FRESHMEN**


**VARSITY HIP-HOP**



Year	Champion	2nd	3rd
2023	 Holy Family	 Castle View	----
2022 NOVEMBER	 Eaglecrest	 Fossil Ridge	 Prairie View
2022 JANUARY	 Broomfield	 Rocky Mountain	 Centaurus
2021	 Fossil Ridge	 Broomfield	 Eaglecrest
2020	 Broomfield	 Standley Lake	----
2019	 Broomfield	 Centaurus	----
2018	 ThunderRidge	 Broomfield	 Denver East
2017	 ThunderRidge	----	----




**VARSITY KICK**

Year	Champion	2nd	3rd
2020	 St. Michael's HS	----	----

VARSITY LYRICAL					
Year		Champion		2nd	3rd
2020		Skyview Academy		----	----

VARSITY MILITARY					
Year		Champion		2nd	3rd
2020		St. Michael's HS		----	----

VARSITY SPIRIT SHOWDOWN					
Year		Champion		2nd	3rd
2023		Ponderosa		Holy Family	 Wheat Ridge
2022 NOVEMBER		Ralston Valley		Eaglecrest	 Castle View
2022 JANUARY		Ralston Valley		----	----
2021		Cherokee Trail		Legacy	 Wheat Ridge
2020		Grandview		Broomfield	----

VARSITY TEAM PERFORMANCE					
Year		Champion		2nd	3rd
2023		Columbine		----	----
2019		Broomfield		----	----
2018		Broomfield		----	----

Rock Canyon Freshmen 5

Chaparral Freshmen 1

**COLLEGE**

University Of Denver 2

**ALL STARS**

Dance Athletics 31

Express All-Stars 3

Peak Athletics 3

Junior Cougars (Burgundy) 2

Spark Junior Raptors 1

Starstuck Bolt 1

**SOLOS, DUOS, TRIOS**

Dance Athletics 7

Peak Athletics 6

Rocky Mountain 2

Ponderosa 1

Starstruck Dance 1

**GRAND CHAMPION**

Ponderosa 2

ThunderRidge 2

Castle View 1

Eaglecrest 1






Mountain Vista	1
Standley Lake	1

JUNIOR VARSITY JAZZ						
Year		Champion		2nd		3rd
2022 NOVEMBER		Mountain Vista JV		Ponderosa JV		----
2021		Cherry Creek JV		Mountain Vista JV		Legacy High School JV
2020		Chaparral JV		Valor Christian JV		Grandview JV
2019		Chaparral JV		Grandview JV		Ponderosa JV
2018		ThunderRidge JV		Rock Canyon JV		Ponderosa JV
2017		Rock Canyon JV		Ponderosa JV		Highlands Ranch JV

**CURRENT WINNING STREAK**

**TEAM**






Spark Junior Raptors Middle School Hip Hop	4 years
Rock Canyon Freshmen Jazz	2 years
Dance Athletics Junior All Stars Hip Hop	2 years
Dance Athletics Junior All Stars Lyrical	2 years
Dance Athletics Junior All Stars Open Style	2 years
Dance Athletics Youth All Stars Lyrical	2 years
Dance Athletics Youth All Stars Pom	2 years
Dance Athletics Youth All Stars Hip Hop	2 years
Dance Athletics Youth All Stars Open Style	2 years
Dance Athletics Mini All Stars Jazz	3 years
Dance Athletics Mini All Stars Pom	2 years
Dance Athletics Mini All Stars Hip Hop	2 years
Dance Athletics Mini All Stars Lyrical	2 years
Dance Athletics Mini All Stars Open Style	2 years

JUNIOR VARSITY POM						
Year		Champion		2nd		3rd
2023		Holy Family JV		----		----
2022 NOVEMBER		Mountain Vista JV		Ralston Valley JV		Ponderosa JV
2022 JANUARY		Rocky Mountain JV		Centaurus JV		----
2021		Cherry Creek JV		Ponderosa JV		Regis Jesuit JV
2020		Chaparral JV		Valor Christian JV		Ponderosa JV
2019		Ponderosa JV		Douglas County JV		----
2018		ThunderRidge JV		Rock Canyon JV		Cherokee Trail JV
2017		Rock Canyon JV		Ponderosa JV		Highlands Ranch JV


**SOLOS, DUOS, TRIOS**

Dance Athletics Junior Solo	2 years
Dance Athletics Mini Solo	2 years

**JUNIOR VARSITY HIP-HOP**

Year		Champion		2nd		3rd
2022 NOVEMBER		Eaglecrest JV		Rocky Mountain JV		Castle View JV
2022 JANUARY		Rocky Mountain JV		----		----
2018		Monarch JV		----		----

### JUNIOR VARSITY SPIRIT SHOWDOWN

Year		Champion		2nd		3rd
2021		Rock Canyon JV		----		----






### MIDDLE SCHOOL JAZZ



Year		Champion		2nd		3rd
2022 NOVEMBER		Junior Cougars Navy MS		----		----
2022 JANUARY		Spark Junior Fillies MS		Spark Junior Wolves MS		Junior Cougars Burgundy MS
2020		Spark Junior Wolves MS		Junior Cougar Poms MS		----






### MIDDLE SCHOOL POM

Year		Champion		2nd		3rd
2023		Spark Junior Wolves MS		----		----
2022 NOVEMBER		Junior Cougars Navy MS		----		----
2022 JANUARY		Spark Junior Fillies MS		Junior Cougars Burgundy MS		Spark Junior Wolves MS
2021		Spark Junior Fillies MS		Spark Junior Wolves MS		----
2020		Spark Junior Wolves MS		Junior Cougar Poms MS		Spark Junior Raptors MS

2019		Spark Training Program MS		----		----
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MIDDLE SCHOOL HIP-HOP						
Year		Champion		2nd		3rd
2023		Spark Junior Raptors MS		----		----
2022 NOVEMBER		Spark Junior Raptors MS		----		----
2022 JANUARY		Spark Junior Raptors MS		----		----
2020		Spark Junior Raptors MS		----		----
2019		Vineland MS		----		----

FRESHMEN JAZZ						
Year		Champion		2nd		3rd
2018		Rock Canyon Freshmen		----		----
2017		Rock Canyon Freshmen		----		----

FRESHMEN POM						
Year		Champion		2nd		3rd
2021		Rock Canyon Freshmen		Castle View Freshmen		----
2019		Chaparral Freshmen		----		----
2018		Rock Canyon Freshmen		----		----
2017		Rock Canyon Freshmen		----		----




## COLLEGE JAZZ

Year	Champion	2nd	3rd
2022 NOVEMBER	 University Of Denver	----	----




## COLLEGE POM

Year	Champion	2nd	3rd
2022 NOVEMBER	 University Of Denver		


## SENIOR ALL STAR POM

Year	Champion	2nd	3rd
2023	 Dance Athletics	 Express All-Stars	----
2022 JANUARY	 Express All-Stars	----	----


## SENIOR ALL STAR HIP-HOP

Year	Champion	2nd	3rd
2023	 Dance Athletics	 Express All-Stars	----
2022 JANUARY	 Express All-Stars	----	----



## SENIOR ALL STAR LYRICAL

Year	Champion	2nd	3rd
2023	 Dance Athletics	----	----





## SENIOR ALL OPEN STYLE

Year		Champion	2nd	3rd
2023		Express All-Stars	----	----




## JUNIOR ALL STAR JAZZ

Year		Champion	2nd	3rd
2022 NOVEMBER		Junior Cougars (Burgundy)		
2022 JANUARY		Junior Cougars Navy	----	----

## JUNIOR ALL STAR POM



Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 NOVEMBER		Starstuck Bolt		Junior Cougars (Burgundy)
2022 JANUARY		Dance Athletics	----	----

## JUNIOR ALL STAR HIP-HOP



Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 JANUARY		Dance Athletics	----	----
2019		Spark Junior Raptors	----	----

## JUNIOR ALL STAR LYRICAL





Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 JANUARY		Dance Athletics	----	----



### JUNIOR ALL STAR OPEN STYLE

Year		Champion	2nd	3rd
2023		Dance Athletics		
2022 JANUARY		Dance Athletics	----	----


### YOUTH ALL STAR LYRICAL

Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 JANUARY		Dance Athletics	----	----

### YOUTH ALL STAR POM

Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 JANUARY		Dance Athletics	----	----

### YOUTH ALL STAR HIP HOP



Year		Champion	2nd	3rd
2023		Dance Athletics	----	----

2022 JANUARY	
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Dance Athletics

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### YOUTH ALL STAR OPEN STYLE

Year	Champion	2nd	3rd
2023	 Dance Athletics		
2022 JANUARY	 Dance Athletics	----	----



### YOUTH ALL STAR TEAM PERFORMANCE

Year	Champion	2nd	3rd
2020	 Peak Athletics	----	----



### MINI ALL STAR JAZZ

Year	Champion	2nd	3rd
2023	 Dance Athletics	----	----
2023	 Dance Athletics	----	----
2022 JANUARY	 Dance Athletics	----	----
2018	 Peak Athletics	----	----



### MINI ALL STAR POM

Year	Champion	2nd	3rd
2023	 Dance Athletics	----	----
2022 JANUARY	 Dance Athletics	----	----



### MINI ALL STAR HIP HOP

Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 JANUARY		Dance Athletics	----	----


### MINI ALL STAR LYRICAL

Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 JANUARY		Dance Athletics	----	----

### MINI ALL STAR OPEN STYLE

Year		Champion	2nd	3rd
2023		Dance Athletics	----	----
2022 JANUARY		Dance Athletics	----	----




### TINY ALL STAR POM

Year		Champion	2nd	3rd
2022 JANUARY		Dance Athletics	----	----





### MINI ALL STAR TEAM PERFORMANCE





Year		Champion	2nd	3rd
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2020		Peak Athletics		----		----
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SENIOR SOLOS		
Year		Champion
2023		Dance Athletics - Bella
2022 NOVEMBER		Rocky Mountain - Sara
2022 JANUARY		Rocky Mountain - Sara
2019		Peak Athletics-Sydney




JUNIOR SOLOS		
Year		Champion
2023		Dance Athletics - Annie
2022 JANUARY		Dance Athletics - Bella
2021		Ponderosa - Kyla
2019		Peak Athletics- Lauren

YOUTH SOLOS		
Year		Champion
2023		Dance Athletics - Anayah
2022 JANUARY		Starstruck Dance - Sadie
2020		Peak Athletics-Libby
2019		Peak Athletics-Libby









## MINI SOLOS

Year	Champion	
2023		Dance Athletics – Alexis
2022 JANUARY		Dance Athletics – Hudson
2020 MINI		Peak Athletics-Megan
2019 MINI		Peak Athletics-Megan

## TINY SOLOS

Year	Champion	
2022 JANUARY		Dance Athletics – Rhyan

## GRAND CHAMPION

Year	Champion	
2023		Castle View- Varsity Pom
2022 NOVEMBER		Eaglecrest-Varsity Hip Hop
2022 JANUARY		Ponderosa-Varsity Pom
2021		Mountain Vista-Varsity Jazz
2020		Standley Lake-Varsity Pom
2019		ThunderRidge-Varsity Pom
2018		Ponderosa-Varsity Pom
2017		ThunderRidge-Varsity Pom