

OMAHA REGIONAL

PAST CHAMPIONS

	VARSITY JAZZ									
Year	Champion 2nd 3rd									
2025		Millard North	F	Lincoln East		Elkhorn				
2024		Millard North	F	Lincoln East	Jose Contraction	Skutt Catholic				
2022		Millard North		Elkhorn		Omaha Westside				
2021	GTORM	Elkhorn South	F	Papillion La Vista South		Elkhorn				
2020		Millard North		Millard West	KNIGHTS	Francis Howell North				

VARSITY POM								
Year		Champion		2nd		3rd		
5 LARGE		Millard North	S	Lincoln Southwest	F	Lincoln East		
5 SMALL		Elkhorn	æ	Papillion La Vista South		Westview		
2024		Millard North	F	Lincoln East	BURKE	Burke Westview		
2022		Millard North		Elkhorn	500	Omaha Westside		
2021		Elkhorn	æ	Papillion La Vista South	No.	Bennington		
2020		Millard North		Millard South		Gretna		

	VARSITY HIP-HOP									
Year	ear Champion 2nd 3rd									
2025		Westview	×	Elkhorn North	R	Papillion La Vista				
2024	BURKE HIGH	Burke Westview	ED CRIMSON PRIDE	Roncalli	R	Papillion La Vista				
2022		Omaha Burke		Bennington	ED CRIMSON PRIDE	Roncalli				
2021	GTORM	Elkhorn South	Bellevedettes	Bellevue East		Sioux City West				
2020	KNIGHTS	Francis Howell North		Millard South		Omaha Burke				

VARSITY KICK

Year	Champion			2nd		3rd	
2025	S	Lincoln Southwest	X	West Fargo	Ś	Lincoln Southeast	
2024		Lincoln Lutheran					
2022		Spencer (Iowa)					
2021	Bellevedettes Meretectistion Meretectistion	Bellevue East					

	VARSITY SPIRIT SHOWDOWN									
Year	Year Champion 2nd 3rd									
2025		Millard North	S	Lincoln Southwest	Ģ	Lincoln East				
2024	F	Lincoln East		Millard North	Bellevedettes	Bellevue East				

	VARSITY TEAM PERFORMANCE								
Year	Year Champion 2nd 3rd								
2025	West Fargo								
2020	Gretna								

	JUNIOR VARSITY POM								
Year	Cham	pion	2nd	3rd					
2025	v X	/est Fargo							
2021	TIGERS S	Spencer JV							

	JUNIOR VARSITY KICK								
Year	Year Champion 2nd 3rd								
2025	X	West Fargo							

	COLLEGE JAZZ									
Year	Year Champion 2nd 3rd									
2025	A	Iowa Western CC								
2024		Iowa Western CC								
2022	MIQLAND	Midland University	CRIMSON	Calumet College of St. Joseph						

Year	Year Champion 2nd 3rd								
2025	University Of Nebraska-Lincoln								
2024	lowa Western CC								

	COLLEGE HIP HOP								
Year		Champion	3rd						
2025	AAA	Iowa Western CC							
2024	- A	Iowa Western CC							
2022	CRIMSON	Calumet College of St. Joseph							
2020	MIDLAND	Midland University							

	COLLEGE TEAM PERFORMANCE							
Year	Year Champion 2nd 3rd							
2025	2025 Doane University							

	SENIOR ALL STAR POM						
Year	Year Champion 2nd 3rd						
2022	Eléte DANCE	Iowa Elite					

	SENIOR ALL STAR HIP HOP						
Year	Year Champion 2nd 3rd						
2022	ELLE DANCE	Iowa Elite					

	SENIOR ALL STAR LYRICAL						
Year	Year Champion 2nd 3rd						
2022	Elete DANCE	Iowa Elite					

	JUNIOR ALL STAR JAZZ						
Year	Year Champion 2nd 3rd						
2021	2021 No Limits Dance						

2020	NOLIMITS	No Limits Dance	

	JUNIOR ALL STAR POM							
Year	Year Champion 2nd 3rd							
2025		Acapriccio Dance Company						
2024		Acapriccio Dance Company						
2022	Elite	Iowa Elite						
2021	ND	Nebraska Dance Squad Large	NOLIMITS	No Limits Dance (White)	ND	Nebraska Dance Squad Small		
2020	NOLIMITS	No Limits Dance (Black)	ND	Nebraska Dance				

	JUNIOR ALL STAR HIP-HOP						
Year	Year Champion 2nd 3rd						
2022	Elite DANCE	Iowa Elite					
2021	ND	Nebraska Dance Squad	NOLIMITS	No Limits Dance			

JUNIOR ALL STAR CONTEMPORARY						
Year	Year Champion 2nd 3rd					
2021	NOLIMITS	No Limits Dance (White)	NOLIMITS	No Limits Dance (Black)		

	YOUTH ALL STAR JAZZ							
Year	Year Champion 2nd 3rd							
2021	No Limits Dance (Black)	No Limits Dance (White)						
2020	NO Limits Dance (White)	No Limits Dance (Black)						

	YOUTH ALL STAR POM							
Year	Year Champion 2nd 3rd					3rd		
2025		Acapriccio Dance Company						
2021	ND	Nebraska Dance Squad	NOLIMITS	No Limits Dance (Black)	NO LIMITS	No Limits Dance (White)		
2020	NOLIMITS	No Limits Dance (White)	NOLIMITS	No Limits Dance (Black)				

YOUTH ALL STAR HIP HOP

Year	Champion		Champion 2nd		3rd
2021	NOLIMITS	No Limits Dance	ND	Nebraska Dance Squad	
2020	NOLIMITS	No Limits Dance			

	YOUTH ALL STAR LYRICAL						
Year	Year Champion 2nd 3rd						
2021	2021 No Limits Dance (White)						

	MINI ALL STAR JAZZ				
Year		Champion	2nd	3rd	
2025	NOLIMITS	No Limits Dance			
2021	NO LIMITS	No Limits Dance			
2020	NOLIMITS	No Limits Dance (Black)			

	MINI ALL STAR POM						
Year		Champion			2nd		3rd
2025	NOLIMITS	No Limits Dance					
2021	NOLIMITS	No Limits Dance			Nebraska Dance Squad		
2020	NOLIMITS	No Limits Dance (E	Black)	MITS	No Limits Dance (White)		

	MINI ALL STAR HIP HOP				
Year	Champion 2nd 3rd			3rd	
2021	NOLIMITS	No Limits Dance			

	TINY ALL STAR JAZZ				
Year	Champion 2nd 3rd				
2021	NOLIMITS	No Limits Dance			

	OPEN SOLOS				
Year	Champion				
2022		Midland - Sydney			

SENIOR SOLOS				
Year	Champion			
2025	X	West Fargo - Brooke F		
2022	ELLE	Iowa Elite - Aubrey G.		
2021	Bellevedettes	Bellevue East - Cullen		

JUNIOR SOLOS				
Year		Champion		
2025	X	West Fargo - Chloe N		
2022	Elite DANCE	Iowa Elite - Maria S.		
2021	and the second s	Sioux City West – Abby (Musical Theatre)		

	YOUTH SOLOS				
Year		Champion			
2025	X	West Fargo - Linnea B			
2022	Elite	Iowa Elite - Kinsley G.			

	MINI SOLOS				
Year		Champion			
2025	NOLIMITS	No Limits Dance - Rosie E			
2022	Elite DANCE	Iowa Elite - Ambrielle B			

	TINY SOLOS			
Year	Champion			
2025	NOLIMITS	No Limits Dance - Ellie O		

S	SENIOR DUO/TRIO			
Year	Champion			
2022	ELLE DANCE	lowa Elite - Aubrey G. & Maggie S		

GRAND CHAMPION					
Year		Champion			
2025		Millard North Varsity Jazz			
2024		Millard North Varsity Pom			
2022		Millard North Varsity Pom			
2021	GTORM	Elkhorn South: Varsity Jazz			
2020		Millard North: Varsity Pom			